

Example Demographics

Example Demographics to add to your version of the Brain Care Score.

Variable	Description	Categories
Age	Participant's age	18-24 / 25-34 / 35-44 / 45-54 / 55-64 / 65-69 / 70-74 / 75-80 / 80+
Sex	Biological sex	M / F (Male / Female)
Gender Identity	Gender Identity	Man / Woman / Non-binary / prefer to self describe
Education Level	Highest education level completed	High School or Below / Some college or above
Living Situation	Alone / Family / Assisted living / Nursing home	Alone / Family / Adult care facility
Geographic region	What region are people coming from	Rural / urban
Health insurance	Coverage status	Yes / No
Race / Ethnicity	Check all that apply	White / Black / Indigenous / Hispanic / Asian / Other
English Fluency	English Fluency	Native English / English Fluent 2nd language / Limited/no English